

## **GETTING STARTED**

What are the strengths of your community? How do we bring people together for these initiatives? Who needs to be involved?

Each community is unique and has its own strengths to build upon. This page is designed to give you some ideas on how you could start and sustain your age friendly initiative. There are some tools that you can use to identify the key people in your communities who could be involved, and identify what skills and strengths they bring. There are some stories of how other communities started their age-friendly initiatives which may trigger possibilities for you.

An age friendly community does not happen overnight; it takes time and commitment to initiate real change. So, recognize and celebrate the successes you achieve along the way and Involve older adults in all stages of the process, including planning, implementing and decision making.

Who are the key stakeholders in your community and how can you bring them together?

